

Career Academy South Bend

3-Strike Policy for Athletics

The 3-strike policy is in place as a guide for athletes, coaches, parents, and administration to help our student-athletes be successful on and off the court/field. This policy is in place from the first official practice for each sport until the last official contest. If an athlete earns his or her third strike, he/she will be removed from the team for the remainder of the season.

Grade Eligibility:

All athletes must be initially academically eligible. Students must pass 6 or more classes to participate on an athletic team. Initial eligibility checks are based on the quarter or semester grades.

Once in season, students will undergo regular grade checks (approximately every 2 weeks). If a student falls below the eligibility requirements, they will receive one strike. This process will be repeated throughout the entire season.

Attendance:

Athletes are required to be at school for the entire day to go to practice or games. Excused absences such as doctor visits are acceptable. Athletes should expect to have practice or a game every day of the week except for Sundays. Attendance at practice is vital to skill improvement, team bonding, and overall fitness levels. Every 3 missed practices will equal 1 strike.

Behavior:

Any student who spends time in ISD or receives OSD for poor behavior should expect to have repercussions for their sport as well. Each day of OSD is equal to one strike. If a student has OSD for 3 days or more the administration and the athletic director will determine if the athlete is removed from the team immediately. Time spent in ISD, tardies, and behavior at practice will be looked at on a case by case basis and inappropriate behaviors will result in athletes receiving strikes.

Date: _____ Sport: _____

Student Name: _____

Student Signature: _____

Parent/Guardian Signature: _____

*The coaching staff, athletic director, and school administration reserve the right to assign strikes to any behaviors/actions that are warranted – even if they are not listed on this policy. Administration also reserves the ability to look at each situation and override this policy.